

Chapel services

Catholic services

Daily Mass (Mon. - Fri.)	11:30 a.m.
Saturday Mass	5 p.m.
Sunday Mass	9:30 a.m.
Sunday Mass at RAF Feltwell	11:30 a.m.
Religious education classes-Feltwell school cafeteria (Sunday)	10:15 a.m.
Religious educational classes-RAF Lakenheath Elementary School (Sunday)	11 a.m.

Protestant services

Liturgical service (Sunday)	8 a.m.
Shared-faith service (Sunday)	11 a.m.
Gospel service (Sunday)	1 p.m.
Shared-faith service at Feltwell	10 a.m.
Sunday school at Feltwell	9 a.m.
Denominational - Lutheran Wisconsin Synod (First Sunday each month Feltwell)	1 p.m.
Denominational - Assemblies of God Sunday Night Live (Sunday)	6 p.m.
Denominational - Grace Bible fellowship (Sunday at Feltwell)	4 p.m.
(Wednesday at Feltwell)	7 p.m.
Sunday school at Lakenheath Elem.	9:30 a.m.

Islamic services

Islamic Circle Thursdays, 5-6 p.m.
For details, call Maj. Laurence Brown at Ext. 2810

Jewish services

Services are held at the RAF Mildenhall chapel on the first and third Fridays of the month at 6 p.m. The officiating rabbi is Chap. (Maj.) Brett Oxman. Call DSN 238-2822 or (01638) 542822 for details.

Orthodox (Christian) services

Call Lakenheath chapel at Ext. 3711 for details.

For emergency

For emergencies during duty hours call Ext. 3711 or the base command post at Ext. 4233 after duty hours. For information on services in the community, call Ext. 3711.

Masonic scholarships

The 13th Masonic District accepts applications for its annual scholarships. First place is \$1,200, second is \$800 and third is \$500. Application deadline is April 1. Applications are at the education center. Active-duty members, civilians and high-school seniors are eligible. For more information, call TSgt. Greg Gartrell at Ext. 3224.

Guest-house charges drop

RAF Menwith Hill has restructured its guest-house charges for space-available travelers from \$30 per person per night to \$30 per room per night. Rooms can't be reserved in advance. The rooms are normally released after noon to travelers. For more information, call DSN 262-7895.

Jason project Volunteers needed

The Jason Project VIII staff seeks volunteers to help in many areas including assisting students with equipment and working as guides. The project takes place April 28 - May 9. The hours are 9 a.m. - noon and 1:30 - 10 p.m. weekdays and 12:30 - 10 p.m. Saturdays. For more information, call Ext. 7220.

Chapel activities

The Protestant Easter worship services include:

- ☐ The Good Friday service is at 7 p.m. March 28 at the chapel.
- ☐ The Easter Sunrise Service is at 6:30

p.m. March 30 in the base chapel. The service is officiated by Chaplain (Capt.) Trip Ziegler and features music by the U.S. Air Force Academy Catholic Cadet Choir. Following worship, a continental breakfast is provided in the chapel annex.

The Catholic masses include:

☐ Holy Thursday, or Mass of the Lord's Supper, is at 7 p.m. Thursday.

☐ Good Friday masses are at 3 p.m. and 7 p.m. March 28. The 3 p.m. mass features music by the Air Force Academy Catholic Cadet Choir at RAF Lakenheath. The 7 p.m. mass at RAF Feltwell is the Celebration of the Lord's Passion.

☐ The Holy Saturday mass, or the Easter Vigil, is at 7 p.m. March 29. The mass also features music by the cadet choir.

☐ Easter Sunday, or the Mass of the Resurrection, is at 9:30 a.m. at Lakenheath and at 11:30 a.m. at Feltwell March 30.

For more information about these or other services, call Ext. 3711.

The Orthodox church services for Lent include:

- ☐ Great Vespers - 6 p.m. Saturday
- ☐ Second Sunday of Lent, St. Gregory Palamas - 9:30 a.m. Sunday
- ☐ Vespers and pre-sanctified liturgy - 7 p.m. Wednesday
- ☐ Great Vespers - 6 p.m. March 29
- ☐ Third Sunday of Lent, Veneration of the Holy Cross - 9:30 a.m. March 30

See Community page 18

Family Support

Contact the family support center staff at Ext. 3847 for information on the following programs, or stop by Bldg. 692. All classes are held in the family support center unless otherwise noted.

Career Café

The Career Café is a series of lunch-time seminars designed to sharpen job-search skills. This week's session meets from 11 a.m. - 1 p.m. today in the family support center and concentrates on interviewing techniques and the importance of proper dress for the job-hunt process.

Teen life

A teen-life group meets from 5:30 - 6:30 p.m. today at the youth center. The class promotes personal develop-

ment and coping skills for 15 - 18 year olds. Topics include self esteem, handling relationships, dating and family communication.

Financial workshop

A mandatory workshop for E-4s and below is from 1 - 3:30 p.m. Monday in the conference room. The class advises military members and their families on personal budgeting, checking account maintenance and debt management.

Surfing the Internet

A surfing the Internet class is from 1 - 5 p.m. Wednesday in the small classroom. The class gives beginners training on how to use the Internet for job searching.

Balancing home, career

A seminar about balancing home and career meets from 6 - 8 p.m. Wednesday in the confer-

ence room. Learn skills for successful time management. This class is designed for people who have home and outside commitments.

Volunteer training

A class providing training to volunteers on Microsoft Word 6.0 is from 11 a.m. - 1 p.m. Thursday in the family support center.

Kids on the move

A kids on the move seminar is from 3:30 - 4:45 p.m. Thursday at the youth center. The class helps children and parents cope with relocating. Children should be between 5 and 8 years old.

Youth life

A youth-life group meets from 4:30 - 5:30 p.m. Thursday at the youth center. The group promotes development and coping skills among 11 and 12 year olds. Topics include self esteem, friendships, dating and more.

New hours

The family services area hours

have been lowered due to low manning. People who need to pick up items should do so between 10 a.m. - 4:30 p.m.

Second language

An English as a second language seminar meets from 6 - 8 p.m. Wednesdays and from 6 - 9 p.m. Thursday in the small conference room. The class teaches conversational English and American social customs and traditions.

Hearts Apart

The Hearts Apart support group meets from 10 a.m. - noon Fridays at the base chapel. The meeting provides spouses of deployed active-duty members with a place to meet for support and information. Children can attend Little Hearts Apart. The program covers topics regarding children's feelings about separation. Activities include letter-writing, arts-and-crafts and exploring feelings. It runs until noon.